

MINOR PROCEDURES

Pre-surgery Information Sheet



Minor procedures include angiogram, dialysis access surgery and open varicose vein surgery.

Please advise your doctor if you have had Covid in the last 4 weeks.

As a general rule, strong blood thinners and some diabetic medications need to be stopped before surgery. Please check with VASC before stopping any medication. However, the common advice is given below.

If you are on strong blood thinners Rivaroxaban (Xarelto), Apixaban (Eliquis) or Pradaxa (Dabigatran), they need to be stopped 36 hours prior to your procedure.

If you are on the strong blood thinner warfarin, this must be stopped 7 days prior to your procedure. Should you have been prescribed injections with Clexane in the intervening period between stopping warfarin and the operation, these should be stopped 36 hours before the operation.

If you take any blood thinners like aspirin and/or clopidogrel they should be continued.

If you are a diabetic who is taking Metformin, there should be stopped the day before the procedure. If you have kidney problems, this medication should be withheld for 48 hours after your procedure if you had any dye injected (angiogram).

If you are on diabetic medications that contain dapagliflozin or empagliflozin (Forxiga, Qtern, Xigduo XR, Jardiance, Jardiamet or Glyxambi) these need to be stopped for 3 days prior to your procedure and may be withheld for up to 4 days afterwards.

The anaesthetist will advise you on your insulin should you be taking that.

Please take a shower the evening before the procedure and clean the areas where we will be cutting or inserting instruments through your skin with soap (which would be the groin region for angiograms).

Do not have any food after midnight before the procedure.

Do not smoke after midnight before the procedure.

Please ensure that you arrive at the hospital on time. The check-in process can be lengthy, and this is important to prevent delays and avoid cancellations.

Even when you're not the first patient on the list, you may still have to come in early as sometimes we will need to change the list order due to unforeseen circumstances.
